

**STUDENT
INFORMATION BOOKLET
GROUP NAME:
DATES:**

Welcome to Camp Long Beach

- This booklet will provide information necessary for your stay at Camp Longbeach.
- Please read all information carefully, including the program and roster.
- If you need any further information during your stay please ask your school teacher or camp staff.

Contact Numbers - for parents

- Camp Director permanently lives on site. 0428 223 312
- Business hours phone number for Camp Long Beach 02 4472 7200
- After hours if you need assistance contact the Director of Programs & Camp CEO 0428 223 312
- Emergency Services Ring 000 (Ambulance, Fire, Police)
- Any calls from outside the camp (other than your own mobile) can ring (02) 44727200 and a message will be relayed.

ARTICLES THE STUDENTS WILL REQUIRE FOR CAMP PROGRAM

What to bring

- Sleeping bag
- Pillow
- Torch
- Toilet Gear inc toothbrush
- Enough suitable camp clothes – including jumper and long pants
- 2x Closed Footwear – eg. Sneakers or boots Bring a pair old closed shoes you don't mind getting wet
- Swimmers AND rash/sun shirt
- Beach towel
- Sunscreen
- Insect repellent
- Hat
- Water bottle
- Wet weather gear
- Camera (optional)

Extras for Camp Out

- Thermals
- Beanie
- Cup, spoon, bowl
- Small scrubbing pad for dishwashing/ tea towel
- Large thick garbage bags (pack liner)

Do Not Bring

Knives, mobile phones, ipods, individually wrapped lollies. bubble or chewing gum, water balloons paint, marking pens, fire starting implements or alcohol.

INFORMATION FOR VISITING STUDENTS

- Welcome to Camp Longbeach, we hope you enjoy the outdoors and the program you will participate in this week.
- The Camp staff at Longbeach will ensure you are aware of the activities you are doing, where they are and when and what duties you are doing.
- If at any stage you are unsure of what you are doing or where you are meant to be the entire program staff should be able to assist you.
- Please make yourself familiar with the week's program and ensure that you are on time for activities and meal times.
- If you wish to use sporting equipment during free time it can be obtained from camp staff however all equipment must be returned at the end of free time.

STUDENT DUTIES

- Each day your group will be participating in activities, and occasionally some duties. These are part of the experience, so please be in attendance along with other students, as your active participation is vital to the smooth running of the program.

FIRST DAY PROCEDURES

- Bus will arrive and pull up in top car park
- Students will unload bus and carry their bags down to the front of Cabin 5 and assemble on the grassed area. (If raining assemble under the breeze way between games room and toilets)
- Any valuables that need to be collected will be before arrival.
- You will be given a run down of the guidelines of the camp and the camp program.
- Cabin allocations and program groups announced.
- Take your luggage to the allocated cabin, get set up and make yourself familiar with camp site.
- Group assemble for lunch

- After Lunch normal program starts.

LAST DAY PROCEDURES

- Groups wake up in the morning and pack their bags and tidy cabin and leave bags out the front of their cabins before breakfast.
- After breakfast duty groups clean up dinning room, sweep and mop floors and pack up tables. Another group Vacuum carpet areas and clean up games room. Another group clean up outside areas
- Program Director will inspect camp and report any damage to teachers.
- Normal program commences
- Lunch Served
- Final thoughts and on the coach home.

CAMP PROGRAM

Your school staff have chosen an excellent program for you.

During your stay at Camp Long Beach you will be participating in the a variety of activities.

A happy camper is one who:

- makes new friends
- completes their duties without question
- participates in every way and in every activity
- shares thoughts and feeling with others
- enjoys the company of others around them
- remembers their manners
- has a good nights sleep

Trampoline: If you wish to use the trampoline please abide by these rules.

- ONLY WITH STAFF SUPERVISION.
- One person at a time
- No footwear
- Do not bounce off the tramp, STOP Bouncing the walk off.
- Do not attempt forward or backward summersaults

Food : No food to be stored or consumed inside the cabins at any time, as it will attract wild life.

A GUIDE TO BEING HAPPY AT CAMP LONGBEACH

- **Safety of Person/Property:** Camp Longbeach owners and staff cannot accept responsibility for personal injury of campers and others using the camp, or loss of property while on the Camp Site.
- **Quiet Hours:** Keep noise to a minimum after 10.00 p.m. and before 7.00 a. m.
- **Duties:** Each Day at camp groups will have a duty. The duties include Dinning room set up, Dinning room clean up, outside pick up. Individual campers are expected to keep their cabins clean.
- **Boundaries/Walkways.** Stay within the designated boundaries/walkways when moving around the site. Campers are not permitted behind the accommodation buildings.
- **Fires:** Please check with management before lighting any fires, be it inside auditorium or outside.
- **Flora and Fauna:** The camp is a wildlife sanctuary. All wildlife is protected. Plants may not be cut down or damaged. Do not feed or torment native animals, including possums. Keep your doors to your rooms closed after dark, so animals do not enter.
- **Chewing/Bubble Gum:** Is not permitted at the camp.
- **Small Balloons (Water Bombs)** are not permitted at the camp due to damages.
- **Damage to property:** If during the camp a students breaks or damages part of the camps property than the school will be invoiced for the cost of replacing that item (eg windows, fire equipment, doors etc)